

Insa Sparrer - Matthias Varga von Kibéd

Hypnotherapy, NLP and Systemic Structural Constellations

At the beginning the sources of the work of SySt® in the field of hypnotherapy and Systemic Structural Constellations are presented. The items "trans-verbal language", "semantic reaction" and "representational perception" are explained in details, also referring to the basic ideas of NLP, and illustrated using a semantic differentiation exercise. The understanding of constellation work as a kind of language is deepened.

8 DVDs total 792 min - Extra: Booklet with flipcharts and notes - ISBN 978-3-942131-16-2

Price: 98,85 €



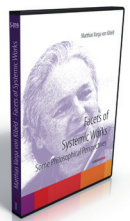
Insa Sparrer - Matthias Varga von Kibéd

Solution-focused Approach and SySt

In this DVD, Insa Sparrer and Matthias Varga von Kibéd present in depth a systematical and detailed description of the solution focused interview process. Insa Sparrer refers extensively to the work of the School of Milwaukee (Steve de Shazer and Insoo Kim Berg) and explains the similarities to the school of Systemic Structure Constellation. Furthermore, Insa Sparrer illustrates the specific characteristics of the solution focused work in SySt®. The several parts of the solution focused interviews and the differences between the first session and the follow-up sessions are described and practiced for coaching situations.

4 DVDs total 510 min - Extra: Booklet with flipcharts and notes - ISBN 978-3-942131-18-6

Price: 69,95€



Matthias Varga von Kibéd

Facets of Systemic Work - Some Philosophical Perspectives

In this recorded seminar, Matthias Varga von Kibéd focuses on the philosophical approaches to Systemic Structural Constellations that are represented by the words „systemic“ and „structure“. He illuminates Ludwig Wittgenstein's concepts of „facts“, „structure“ and „form“ as well as his distinction between wish and will. The presentation includes a glance at the „Form of Distinction“ by George Spencer Brown, on Heinz von Foerster's constructivism and on the general semantic by A. H. S Korzybski. An early form of a systemic and constructivist way of thinking is the Buddhist philosophy of the dependent origination.

4 DVDs total 356 min - Extra: Booklet with flipcharts and notes - ISBN 978-3-942131-19-3

Price: 69,95 €



Stephen Gilligan

"Pathways to Freedom" - Generative Change in Self Relations Therapy

For the past 30 years, Dr. Stephen Gilligan has been teaching and practicing innovative therapy approaches, in both Ericksonian and Self-Relations psychotherapy. This DVD presents his most recent work, which focuses on how therapy can create pathways to deep freedom in a client's life, both in terms of dissolution of symptoms and creation of generative states of being and acting. In elucidating this model, Stephen Gilligan describes how symptoms develop and persist. More importantly, it shows such symptoms may be transformed into life-affirming resources by shifting consciousness in some key ways.

Stephen Gilligan is an American hypnotherapist and maybe the most renowned teacher and trainer for hypnotherapy today. Building on the insides of Milton Erickson he has theoretically deepened and therapeutically developed his methods and thereby solidified and widened the current state of knowledge in this area.

Language: English with German Translation

6 DVDs total 770 min - Extra: Booklet with flipcharts and notes - ISBN 978-3-942131-06-3

Price: 89,90 €



Yvonne Dolan

Solution-focused live interviews

Yvonne Dolan is a native of the hypnotherapy and is a longtime team member of the School of Milwaukee. The focus of her work is the work with traumatized clients. She gives an introduction to the solution-focussed short-term therapy with a comprehensive overview of the key methods. Question forms such as the scale questions and the miracles question are explained in detail, as is the art of formulating appreciative observations („Compliments“). The technique of anchoring is shown. Regularly, comments by Insa Sparrer and Matthias Varga von Kibéd reference to the SySt® work. The attitude of the therapist and the importance of observations not followed by interpretations as key success factors are discussed with reference to the current research on trauma therapy. Demonstrations of open and covert solution-focused work and exercises complete the DVD.

Language: English with German translation

4 DVDs total 580 min - Extra: Booklet with flipcharts and notes - ISBN 978-3-942131-20-9

Price: 69,95 €

Available from

FERRARIMEDIA - Piusstrasse 6 - 52066 Aachen - Germany

bestellung@systmedia.de - www.systmedia.de





BPC Competencies and Feedback Cards

according to BPC (GPA) SySt[®]

The BPC Belief Polarity Constellation cards are based on the model developed by Matthias Varga von Kibéd and Insa Sparrer for the work with faith polarities.

For the consultant the BPC cards are perfect tools to refer to personal values and beliefs of management members and other clients. As such, beliefs and attitudes, and thus their own filters of perception can be reflected. Changes of perception filters convert the limits of our perception and thus can increase the opportunities for our actions.

The BPC expertise and feedback cards can be used in many ways: for self-assessment and external assessment in working with individuals and / or teams:

- The different competencies in the team will be perceived in a specific structure by all.
- Individuals receive feedback on how they are perceived in this group.
- Everybody may evaluate himself by self-reflection and self-perception.

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Price: 89,95 €



Tarjetas CPC de Competencias y Feedback

según CPC (GPA) SySt[®]

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Price: 89,95 €



Solution-Poker nach SySt[®]

Solution focusing is a highly effective and efficient practical way to create solutions and to release resources. Their techniques are based on the attitude and the realization that finding solutions is not dependent on an analysis of the problems.

Solution-focused questioning suggests that it would be useful to remember resources and to approach solutions through single aspects of solutions.

At the SySt Institute in Munich, the solution-focused conversations are an essential part of working with systemic structural constellations. These were developed by Insa Sparrer and Matthias Varga von Kibéd. Solution poker you can use in concrete situations in the team for team development or in individual work,

- to discover resources in a team,
- to find ideas for solutions to current problems,
- to get ideas on how the team's work can be further developed,
- to improve customer focus,
- to learn from successful resolution processes,
- to acquire the technique of solution-focused questioning.

Solution poker cards are also a source for listening and appreciative feedback practice.

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